



Recommended Books

Abuse:

Allender, Dan B. [*Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation*](#)

Allender, Dan B. [*Wounded Heart: Hope for Adult Victims of Childhood Sexual Abuse*](#)

Holcomb, Justin S. [*Rid of My Disgrace: Hope and Healing for Victims of Sexual Assault*](#)

Holcomb, Justin S. and Lindsey A. Holcomb. [*Rid of My Disgrace: Small Group Discussion Guide*](#)

Langberg, Diana Mandt, PhD. [*On the Threshold of Hope: Opening the Door to Healing for Survivors of Sexual Abuse \(AACC Counseling Library\)*](#)

Langberg, Diana Mandt, PhD. [*On the Threshold of Hope Workbook*](#)

Powlison, David. [*Making All Things New: Restoring Joy to the Sexually Broken*](#)

Strickland, Darby. [*Is It Abuse?: A Biblical Guide to Identifying Abuse and Helping Victims*](#)

Addiction:

Fitzpatrick, Elyse. [*Love to Eat, Hate to Eat*](#)

Harris, Jessica. [*Beggar's Daughter: From the Rags of Pornography to the Riches of Grace*](#)

Lambert, Heath. [*Finally Free: Fighting for Purity with the Power of Grace*](#)

Tiede, Vicki. [*When Your Husband Is Addicted to Pornography*](#)

Welch, Edward T. [*Addictions: A Banquet in the Grave: Finding Hope in the Power of the Gospel*](#)

White, David. [*Sexual Sanity for Men: Re-Creating Your Mind in a Crazy Culture*](#)

Anxiety/Fear:

Tautges, Paul. [*Anxiety: Knowing God's Peace*](#)

Welch, Edward T. [*A Small Book for the Anxious Heart*](#)

Welch, Edward T. [*Running Scared: Fear, Worry, and the God of Rest*](#)

Children's Issues:

Fitzpatrick, Elyse M. & Jessica Thompson. [*Give Them Grace: Dazzling Your Kids with the Love of Jesus*](#)

Hendrickson, Dr. Laura. [*Finding Your Child's Way on the Autism Spectrum: Discovering Unique Strengths, Mastering Behavior Challenges*](#)

Katz, William. [*Protecting Your Children from Sexual Assault*](#)

Counseling Helps:

Boyd, Glenn E. [*The A.R.T. of Agape-Listening: The Miracle of Mutuality*](#)

Emlet, Michael R. [*Saints, Sufferers, and Sinners: Loving Others as God Loves Us \(Helping the Helpers Series\)*](#)

Fitzpatrick, Elyse M. [*Counsel from the Cross: Connecting Broken People to the Love of Christ*](#)

Grandin, Temple. [*Thinking in Pictures: My Life with Autism*](#)

Groves, Alasdair & Winston T. Smith. [*Untangling Emotions*](#)

Piper, John. [*Future Grace \(Revised Edition\): The Purifying Power of the Promises of God*](#)

Scott, Stuart & Heath Lambert. [*Counseling Hard Cases: True Stories Illustrating the Sufficiency of God's Resources in Scripture*](#)

Tripp, Paul David. [*Instruments in the Redeemer's Hands: People in Need of Change Helping People in Need of Change \(Resources for Changing Lives\)*](#)

Wilkerson, Mike. [*Redemption: Freed by Jesus from the Idols We Worship and the Wounds We Carry*](#)

Depression:

Murray, David P. [*Christians Get Depressed Too: Hope and Help for Depressed People*](#)

Welch, Edward T. [*Depression: Looking Up from the Stubborn Darkness*](#)

Discipleship:

Bridges, Jerry. [*Trusting God*](#)

Clem, Bill. [*Disciple: Getting Your Identity from Jesus*](#)

Comer, John Mark. [*God Has a Name*](#)

Duguid, Barbara. [*Extravaqant Grace: God's Glory Displayed in Our Weakness*](#)

Fitzpatrick, Elyse M. [*A Steadfast Heart*](#)

Fitzpatrick, Elyse M. [*Because He Loves Me: How Christ Transforms Our Daily Life*](#)

Fitzpatrick, Elyse M. [*Comforts from Romans: Celebrating the Gospel One Day at a Time*](#)

Fitzpatrick, Elyse M. [*Comforts from the Cross: Celebrating the Gospel One Day at a Time*](#)

Gilbert, Greg. [*What Is the Gospel?*](#)

Keller, Timothy. [*The Freedom of Self-Forgetfulness*](#)

Nichols, Andrew, Helen Thorn, David Powlison. [*Real Change: Becoming More Like Jesus in Everyday Life*](#)

Powlison, David. [*Safe and Sound: Standing Firm in Spiritual Battles*](#)

Vernick, Leslie. [*Lord, I Just Want to Be Happy*](#)

Welch, Edward T. [*Created to Draw Near: Our Life as God's Royal Priests*](#)

Welch, Edward T. [*When People Are Big and God Is Small: Overcoming Peer Pressure, Codependency, and the Fear of Man*](#)

Wilson, Jared C. [*The Imperfect Disciple*](#)

Finances:

Dayton, Howard. [*Your Money Map: A Proven 7-Step Guide to True Financial Freedom*](#)

Newheiser, Jim. [*Money: Seeking God's Wisdom \(31-Day Devotionals for Life\)*](#)

Grief/End of Life:

Bettors, Sharon. [*Treasures in Darkness: A Grieving Mother Shares Her Heart*](#)

Davis, Bill. [*Departing in Peace: Biblical Decision-Making at the End of Life*](#)

Furman, Dave. [*Being There: How to Love Those Who Are Hurting*](#) (for people helpers)

Guthrie, Nancy. [*The One Year Book of HOPE*](#) (for miscarriage and loss of a child)

Guthrie, Nancy. [*What Grieving People Wish You Knew About What Really Helps \(and What Really Hurts\)*](#)

Haugk, Kenneth. [*Journeying Through Grief \(4-Book Set\)*](#)

Keller, Tim. [*Walking with God through Pain and Suffering*](#)

Keller, W. Phillip. [*A Shepherd Looks at Psalm 23*](#)

Kellerman, Bob. [*Grief: Walking with Jesus \(31-Day Devotionals for Life\)*](#)

McCullough, Matthew. [*Remember Death: The Surprising Path to Living Hope*](#)

Powlison, David. [*God's Grace in Your Suffering*](#)

Risner, Vaneetha Rendall. [*The Scars That Have Shaped Me: How God Meets Us in Suffering*](#)

Sittser, Jerry. [*A Grace Disguised: How the Soul Grows Through Loss*](#)

Sittser, Jerry. [*A Grace Revealed: How God Redeems the Story of Your Life*](#)

Tada, Joni Eareckson & Steven Estes. [*When God Weeps: Why Our Sufferings Matter to the Almighty*](#)

Wright, H. Norman. [*Experiencing Grief*](#)

Wright, H. Norman. [*Reflections of a Grieving Spouse*](#)

Wright, H. Norman. [*Reflections of a Grieving Spouse: The Unexpected Journey from Loss to Renewed Hope*](#)

Grief (for Children):

Dokas, Dara. [*Remembering Mama*](#)

Fucci, Kathleen. [*Emily Lost Someone She Loved*](#)

Loneliness:

Brownback, Lydia. [*Finding God in My Loneliness*](#)

Marriage/Premarriage:

Chan, Francis & Lisa. [*You and Me Forever*](#)

Chandler, Matt. [*The Mingling of Souls: God's Design for Love, Marriage, Sex, and Redemption*](#)

Chapell, Brian. [*Each for the Other: Marriage As It's Meant To Be*](#)

Chapman, Gary. [*Loving Your Spouse When You Feel Like Walking Away: Real Help for Desperate Hearts in Difficult Marriages*](#)

Colón, Jeff. [*From Ashes to Beauty: Spiritual Truths for Rebuilding and Revitalizing Your Marriage*](#)

Crabb, Dr. Larry. [*Men and Women: Enjoying the Difference*](#)

Eggerichs, Emerson. [*Love & Respect: The Love She Most Desires; the Respect He Desperately Needs*](#)

Gardner, Tim Alan. [*Sacred Sex: A Spiritual Celebration of Oneness in Marriage*](#)

Harvey, Dave. [*When Sinners Say I Do: Discovering the Power of the Gospel for Marriage*](#)

Ingrassia, Sam & Vicki. [*Praying Together: A Simple Path to Intimacy for Couples*](#)

Ingrassia, Sam. [*Just Say the Word: A Simple Way to Increase Your Passion for God and Your Wife*](#)

Keller, Timothy & Kathy. [*The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God*](#)

LaHaye, Tim & Beverly. [*The Act of Marriage: The Beauty of Sexual Love*](#)

Mack, Wayne A. [*Preparing for Marriage God's Way: A Step-by-Step Guide for Marriage Success Before and After Marriage*](#)

Piper, John. [*This Momentary Marriage: A Parable of Permanence*](#)

Thomas, Gary. [*Cherish: The One Word That Changes Everything for Your Marriage*](#)

Thomas, Gary. [*Sacred Marriage: What If God Designed Marriage to Make Us Holy More Than to Make Us Happy?*](#)

Thomas, Gary. [*The Sacred Search: What If It's Not About Who You Marry, but Why?*](#)

Tripp, Paul David. [*What Did You Expect?: Redeeming the Realities of Marriage*](#)

Vernick, Leslie. [*How to Act Right When Your Spouse Acts Wrong*](#)

Vernick, Leslie. [*The Emotionally Destructive Marriage: How to Find Your Voice and Reclaim Your Hope*](#)

Wheat, Ed, M.D. [*How to Save Your Marriage Alone*](#)

Marriage/Premarriage Devotionals:

Keller, Timothy & Kathy. [*The Meaning of Marriage: A Couple's Devotional: A Year of Daily Devotions*](#)

Piper, John & Others. [*Happily Ever After: Finding Grace in the Messes of Marriage \(30 Devotions for Couples\)*](#)

Rainey, Dennis & Barbara. [*Moments Together for Couples*](#)

Rainey, Dennis & Barbara. [*Preparing for Marriage Devotions for Couples: Discovering God's Plan for a Lifetime of Love*](#)

Thomas, Gary. [*Devotions for a Sacred Marriage: A Year of Weekly Devotions for Couples*](#) (one per week)

Relationships/Conflict:

Lane, Timothy S. & Paul David Tripp. [*Relationships: A Mess Worth Making*](#)

Roberts, Vaughan. [*True Friendship: Walking Shoulder to Shoulder*](#)

Sande, Ken & Kevin Johnson. [*Resolving Everyday Conflict*](#)

Vernick, Leslie. [*The Emotionally Destructive Relationship: Seeing It, Stopping It, Surviving It*](#)

Welch, Edward T. [*Caring for One Another: 8 Ways to Cultivate Meaningful Relationships*](#)

Same-Sex Attraction/LGBTQ:

Allberry, Sam. [*Is God Anti-Gay? And Other Questions About Jesus, the Bible, and Same-Sex Sexuality*](#)

Anderson, Ryan T. [*When Harry Became Sally: Responding to the Transgender Moment*](#)

Barr, Adam T. & Ron Citlau. [*Compassion Without Compromise: How the Gospel Frees Us to Love Our Gay Friends Without Losing the Truth*](#)

Butterfield, Rosaria Champagne. [*Openness Unhindered: Further Thoughts of an Unlikely Convert on Sexual Identity and Union with Christ*](#)

Butterfield, Rosaria Champagne. [*The Secret Thoughts of an Unlikely Convert: Expanded Edition*](#)

Cook, Becket. [*A Change of Affection: A Gay Man's Incredible Story of Redemption*](#)

DeYoung, Kevin. [*What Does the Bible Really Teach About Homosexuality?*](#)

Harper, Brad. [*Space at the Table: Conversations Between an Evangelical Theologian and His Gay Son*](#)

Hubbard, Peter. [*Love into Light: The Gospel, the Homosexual, and the Church*](#)

Pearcey, Nancy R. [*Love Thy Body: Answering Hard Questions About Life and Sexuality*](#)

Perry, Jackie Hill. [*Gay Girl, Good God: The Story of Who I Was, and Who God Has Always Been*](#)

Roberts, Vaughan. [*Transgender*](#)

Yarhouse, Mark A. [*Understanding Gender Dysphoria: Navigating Transgender Issues in a Changing Culture*](#)

Walker, Andrew T. [*God and the Transgender Debate*](#)

Self-Harm:

Furman, Dave. [*Being There: How to Love Those Who Are Hurting*](#) (for people helpers)

Lelek, Jeremy. [*Cutting: A Healing Response \(Gospel for Real Life\)*](#)

Shame/Rejection:

Welch, Edward T. [*Shame Interrupted: How God Lifts the Pain of Worthlessness and Rejection*](#)

Suffering:

Brueggemann, Walter. [*Praying the Psalms, Second Edition: Engaging Scripture and the Life of the Spirit*](#)

Guthrie, Nancy. [*Holding On to Hope: A Pathway through Suffering to the Heart of God*](#)

Guthrie, Nancy. [*I'm Praying for You: 40 Days of Praying the Bible for Someone Who Is Suffering*](#)

Guthrie, Nancy. [*The One Year Book of HOPE*](#) (for miscarriage and loss of a child)

Langberg, Diana. [*Suffering and the Heart of God: How Trauma Destroys and Christ Restores*](#)

Milton, Michael A. [*Songs in the Night: How God Transforms Our Pain to Praise*](#)

Ortlund, Dane. [*Gentle and Lowly: The Heart of Christ for Sinners and Sufferers*](#)

Powlison, David. [*God's Grace in Your Suffering*](#)

Risner, Vaneetha Rendall. [*The Scars That Have Shaped Me: How God Meets Us in Suffering*](#)

Tada, Joni Eareckson. [*A Place of Healing: Wrestling with the Mysteries of Suffering, Pain, and God's Sovereignty*](#)

Tripp, Paul David. [*Suffering: Gospel Hope When Life Doesn't Make Sense*](#)

Wetherell, Kristen. [*Hope When It Hurts*](#)

Whitman, Lauren. [*A Painful Past: Healing and Moving Forward \(31-Day Devotionals for Life\)*](#)

Suicide:

Hsu, Albert Y. [*Grieving a Suicide: A Loved One's Search for Comfort, Answers, and Hope*](#)

Powlison, David. [*Grieving a Suicide: Help for the Aftershock*](#) (booklet)

Women's Issues:

Dillow, Linda. [*Intimate Issues: 21 Questions Christian Women Ask About Sex*](#)

Fitzpatrick, Elyse M. [*Good News for Weary Women: Escaping the Bondage of To-Do Lists, Steps, and Bad Advice*](#)

Gallagher, Steve & Kathy. [*Create in Me a Pure Heart: Answers for Struggling Women*](#)

Rinehart, Paula. [*Sex and the Soul of a Woman: How God Restores the Beauty of Relationships from the Pain of Regret*](#)