

## **WORLD'S VS. BIBLICAL PERSPECTIVE ON PERSON LABELED CODEPENDENT:**

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| 1. Has always been horribly mistreated by others  | 1. Has often been greatly sinned against by other people (Col. 3:21; Eph. 6:4)  |
| 2. Needs unconditional positive regard, non-judgemental treatment   | 2. Should be related to in a compassionate, respectful, gentle, patient yet truthful way (1 Pet.3:8; Rom. 12:15 Acts 20:31; Gal. 6:1,2; 1 Cor. 12:25,26; 2 Cor. 4:2; Eph. 4:15)   |
| 3. Is obsessively compulsive; driven by one or more compulsions   | 3. Is captivated, enslaved by various lusts, held captive by own sins, not walking by the spirit (2 Tim.2:26; Titus 3:3; Prov.5:22; Gal.5:16-19)  |
| 4. Is tormented by the way things were in the family of origin  | 4. Is bitter, resentful, angry, discouraged, hate ful, fretful,unforgiving,- needs to forgive and choose not to remember and press on (Titus 3:3; Gal.5:16-21; Ps.37:1-22)  |
| 5. Has low self-esteem, poor self-image, lacks love of self   | 5. Lacks self-denial, lacks faith, is self-centered and seeking. Loves self too much, has works righteousness, performance orientation, doesn't understand God's grace, lacks spiritual growth (Luke 9:23,24; Jer.2:13; Phil.3:3-14; 2 Tim.3:1-6; I Cor.15:10; Gal.6:1-3; Rom.12:2-8; I Pet.4:10,22; 2 Cor.12:4-10) |
| 6. Depends on approval and acceptance of others for happiness   | 6. Is idolatrously attached to people, is too man centered, fears men in an inordinate way (Prov. 29 :25; Is.2:22, Jer.17:5-8)  |
| 7. Feels excessively responsible for other people and circumstances   | 7. Plays God, is proud, conceited, anxious, worried, thinks too highly of self, arrogant (Math.6:24-34; Rom.12:3; Phil.4:6-9; Ps.37:1-6)  |
| 8. Lacks balance in relationships with significant others- vacillates between excessive dependence and independence | 8. May be unloving, selfish, hostile, inconsiderate, insensitive, overly demanding, spiritually immature, impatient, critical, unkind, unreasonable, irreconcilable, arrogant, Eph.4:31,32; Is.2:22; James 3:14-17)   |

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| <p>9. Is a master of denial and repression</p>   | <p>9. Is fearful, deceitful, covers sin, unrepentant, loves darkness, walks in darkness, doesn't understand or accept God's grace or forgiveness (John 3:19-21; James 1:22; Prov. 28:13)</p>  |
| <p>10. Is punctuated by extremes</p>   | <p>10. Is inconsistent, lacks steadfastness, double minded, unstable, lacks self control; lacks spiritual growth (James 1:6-12; Eph.4:12-15; Gal.5:19-21; I Pet.4:3,4)</p>  |
| <p>11. Is constantly looking for something that is missing in life</p>   | <p>11. Is discontented, ungrateful, greedy, covetous, lacks faith, worldly, materialistic, sensual (Heb.13:5,6; Phil.4:10-13; I Tim.6:6-10; James 4:1-6)</p>  |
| <p>12. Is not responsible for actions and reactions; responsibility for problems actions, falls on shoulders of significant other people in this person's life; may be permanently and irrevocably damaged for life</p>                            | <p>12. Needs to be treated with compassion and gentleness, but is still responsible for actions and reactions- if person is a Christian he/she has the resources to learn new, godly ways of responding to past abuses, curses may be turned into blessings (Eph.6:4; Col 3:7; Rom.8:28; I Cor. 6:9-11; I Tim.4:7,8; Heb.5:13,14; I Pet.1:13-18; Eph.4:17-32; James 1:2-5; 2 Cor. 5:17; Phil.3:10-14)</p>   |
| <p>13. Needs more self-esteem, more confidence in self, needs to learn to trust self more, to become more, self reliant needs to become more concerned about self instead of others, may need counseling to help them accomplish these changes</p> | <p>13. Needs to learn to know and trust Christ more, needs to understand and appropriate God's grace more, needs to understand and appropriate the resources we have in Christ - who we are and what we have in Christ, needs to lose self for Christ's sake and the gospel, needs to discover, develop and deploy his spiritual gifts, needs to develop the mind of Christ, needs spiritual growth, may need biblical counseling to accomplish these changes (Phil.2:3-11;4:10-13; Luke 9:23,24; Rom.12:3-8; I Cor.15:9,10; Gal.6:14; 2 Tim.4:7,8; Gal.6:1-3; Heb.3:12,13; etc.)</p> |