

Faith Motivation vs. Feeling Motivation

Faith is:

Believing the Word of God (Hebrews 11:1; Romans 10:17)
& acting upon it (James 1:22-25; John 3:36)
no matter how I feel (Hebrews 11)
knowing that God promises a good result (Hebrews 11:6; Romans 8:28-29)
in His time (2 Peter 3:8-9)!

- Memorize the above definition of faith.
- Read Hebrews 11 before beginning the exercise below.
- Following the chart below, study the people in Hebrews 11 (the "Hall of Faith"). This will help you
 understand the principle of choosing to live in faith based on principle and God's Word &
 character rather than following your feelings and emotions as culture, our flesh, and experiences
 drive us to do.
- Read the specific verses listed in the left column from Hebrews 11 & the Old Testament.
- Write the name of the person to whom the verse refers to in the "Who?" column. Imagine how they felt when confronted with the situation in real life & record them in the "Emotions/Feelings" column. In the "Actions of Response" column, describe their response (in spite of their feelings).

	Who?	Emotions/Feelings	Actions of Response
Hebrews 11:4 Genesis 4:1-8			
Hebrews 11:7 Genesis 6:5-9:17			
Hebrews 11:8 Genesis 13:1-7			
Hebrews 11:11 Genesis 21:1-8			
Hebrews 11:17 Genesis 22			

	Who?	Emotions/Feelings	Actions of Response
Hebrews 11:24-27 Exodus 2:1-15			
Hebrews 11:28 Exodus 11-12			
Hebrews 11:29 Exodus 14			
Hebrews 11:30 Joshua 6			
Hebrews 11:31 Joshua 2			

- These people were motivated, not by their feelings, but by their faith in God and His promises. The rewards of faith are eternal in nature. Our feelings last only for a moment & the rewards for following our feelings are passing. The rewards of faith are everlasting. It was God's promises that motivated these saints to persevere even when God did not grant the rewards in their lifetime.
 - How did these people fulfill the definition of faith? What was their "secret?"

• Fill in the chart below. Be concrete and specific in your responses. This should help you apply the principles you have just studied.

Feeling based actions I have taken:	Faith based actions God is calling me to take: